

OUR MEMBER FAMILY COUNCILS

Independent Family Councils operating in Long-Term Care (LTC) homes are invited to be members of NAFC.

Members meet virtually via NAFC regional forums, to network with other individual independent family councils in the Northern Health Authority region.

Together these family councils brainstorm ideas to improve quality of care and quality of life for residents .e.g. identify systemic issues (concerns affecting many LTC homes in the region) .

Each of the 5 regional associations of family councils vote in 3 Regional Association Representatives (RA Reps) to represent its association at monthly ILTCCABC provincial meetings.

Together these RA Reps identify which issues affect several regions and are therefore systemic issues across the province.

Reports are compiled and submitted by ILTCCABC directly to the Ministry of Health (MoH) and other organizations (e.g. Office of the Seniors Advocate).

NAFC A MEMBER OF ILTCCABC

Proud member of ILTCCABC: <https://iltccabc.ca>

NAFC is one of five regional associations (one in each health authority) who are members of the Independent Long-Term Care Councils Association of BC (ILTCCABC).

ILTCCABC is a provincial association of independent LTC family councils. Visit www.iltccabc.ca and see our **family council structure**.

Each independent family council can elevate its collective voice not only locally to its respective LTC home operator but regionally to the health authority via NAFC and provincially to the Ministry of Health via ILTCCABC.

NAFC is a member of the Independent Long Term Care Council Association of BC (ILTCCABC) and, therefore, has the platform to raise your concerns to the Provincial level.



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NAFC PAMPHLET

www.northernfamilycouncils.ca

NORTHERN ASSOCIATION OF FAMILY COUNCILS (NAFC) OUR MISSION

<https://northernfamilycouncils.ca>



To raise awareness about the purpose, role, and benefits of independent (self-led, self-determining, and democratic Resident and/or Family Councils operating in long-term care (LTC) homes in the Northern region of BC.

To promote and establish independent resident and/or family councils to ensure residents and their families have a collective voice in decisions that affect them.

To provide educational resources, mentorship, and on-going support to maintain effective councils.

Get in Touch:

[E-mail: nafc.regional@gmail.com](mailto:nafc.regional@gmail.com)



WE NEED VOLUNTEERS

Please Reach Out To Us!

We encourage resident's family members/friends and individual community members to volunteer with our organization!
<https://iltccabc.ca/become-a-volunteer/>

Someday you, a loved one or friend may need to enter long-term care. Join us in working towards Long-Term Care (LTC) reform that will provide the quality of care and quality of life that residents desire.

Wouldn't it be great to have a Resident Council and a Family Council collective voice in every LTC home across BC to advocate for all LTC residents?

Where there is a will there is a way! When people come together, they can create a powerful force!

LTC Resources Resident and/or Family Councils

[Ministry of Health - Long-Term Care Councils Guidelines](#)

[BC Care Providers Association Guide to Long-Term Care Councils](#)



RESIDENTIAL CARE

REGULATIONS s.59, 59.1, 59.2

Resident and/or Family Councils

Regulations regarding operations of resident and family councils:

- Long-term care home operators must not attend council meetings without an invitation from the council.
- Operators are required to provide access to a meeting-room on the premises and supply equipment needed for hybrid meetings (council members can choose to attend in-person or electronically via Zoom)
- Operators are required to provide, without cost, administrative support of an employee who is approved by the council for the council meeting.
- Operators must respond in writing to all recommendations requested by the council at the meetings, including by providing a rationale for any decision to reject a recommendation.



WHAT WE DO

NAFC exists to support residents, families, and care home operators to develop independent resident and/or family councils in LTC homes.

NAFC works with LTC staff to educate them about how they can best support independent resident and/or family councils.

NAFC will assist in forming a new independent council where none exists or transitioning a staff-led council to an independent council.

NAFC provides information to assist councils in understanding the LTC system so they can advocate more effectively for residents in care.

